







Ambient



**CATEGORY** 

Bakery



FINISHED PRODUCT

Doughnut

## YEAST DOUGHNUT

## **INGREDIENTS**

## Group 1

 Ingredient
 KG

 Bakers flour
 16.000

 Yeast Doughnut Concentrate
 8.000

 Yeast
 0.960

 Water
 12.000

 Total Weight: 36.960

## **METHOD**

Yeast Doughnut

- 1. Place all of the ingredients into a spiralmixing bowl.
- 2. Mix on slow speed for 2 minutes.
- 3. Mix on fast speed for 6 minutes.
- 4. Scale at 50g.
- 5. Prove for approximately 45-50 minutes.
- 6. Allow skinning before frying.
- 7. Fry at 185°C (370°F) for 60-90 seconds each side.