





Ambient



**CATEGORY** 

Bakery



Tin Bread, Wholemeal

# WHOLEMEAL BREAD

## **INGREDIENTS**

#### Group 1

Ingredient	KG
Wholemeal Flour	32.000
Voltem	0.625
Salt	0.480
Masterfat	0.230
Yeast	1.000
Water	18.700
	Total Weight: 53.035

### **METHOD**

#### Wholemeal Bread

- 1. Place all of the ingredients into a spiral mixing bowl.
- 2. Mix on slow speed for 3 minutes.
- 3. Mix on fast speed for 6 minutes.
- 4. Bulk ferment in an oiled container for 60 minutes.
- 5. Tip dough out and scale at desired weight.
- 6. Dry prove for approximately 30 minutes.
- 7. Bake at 230°C (450°F) for 25-30 minutes.