





Ambient



CATEGORY

Bakery



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Rye Bread

TREACLE AND MILLET

INGREDIENTS

Group 1

Ingredient	KG
Country Oven Rye Bread Concentrate	1.000
Wheat flour	1.000
Water	1.045
Yeast	0.060
Treacle	0.075
Millet seeds	0.075
	Total Weight: 3.255

METHOD

Treacle and Millet

- 1. Mix the treacle with the water.
- 2. Place all of the ingredients into a spiral mixing bowl.
- 3. Mix on slow speed for 2 minutes.
- 4. Mix on fast speed for 6 minutes.
- 5. Leave to rest for 3 minutes.
- 6. Scale the dough at 450g and either mould into shaped dough pieces or place into small bread tins.
- 7. Leave to rest for 3 minutes.
- 8. Prove for 50 minutes at 36°C (97°F) and 88% humidity.
- 9. Dust the top of the bread with flour and make desired cuts.





10. Bake at 230°C (446°F) for 20 minutes with 6 seconds of steam.