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DOUGHNUTS

INGREDIENTS

Group 1

Ingredient	KG
Flour	16.000
Baktem Blue 20% Bun Concentrate	3.200
Yeast	0.650
Water	7.850
	Total Weight: 27.700

METHOD

Doughnuts

- 1. Place all of the ingredients into a spiral mixing bowl.
- 2. Mix on slow speed for 2 minutes.
- 3. Mix on fast speed for 6 minutes.
- 4. Scale at 50g per doughnut.
- 5. Prove for 45-50 minutes.
- 6. Allow skinning before frying.
- 7. Bake at 185°C (370°F) for 60-90 seconds each side.





Bakery



FINISHED PRODUCT

Doughnut