

## www.irishbakels.ie



# **APPLE FILLING**

### INGREDIENTS

#### Group 1

Ingredient	KG
Cold water	1.000
Sugar	0.400
Instant Starch	0.075
Apples (tinned or frozen)	2.800
	Total Weight: 4.275

### METHOD

- 1. Place water and Bakels Instant Starch into a mixing bowl.
- 2. Blend with the sugar and whisk into water.
- 3. Slowly blend in apples as the gel thickens.



CATEGORY

Bakery



**FINISHED PRODUCT** 

Dessert, Fruit Tart