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APPLE FILLING

INGREDIENTS

Group 1

Ingredient	KG
Cold water	1.000
Sugar	0.400
Instant Starch	0.075
Apples (tinned or frozen)	2.800
	Total Weight: 4.275

METHOD

- 1. Place water and Bakels Instant Starch into a mixing bowl.
- 2. Blend with the sugar and whisk into water.
- 3. Slowly blend in apples as the gel thickens.



CATEGORY

Bakery



FINISHED PRODUCT

Dessert, Fruit Tart