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80% RYE BREAD

INGREDIENTS

Group 1

Ingredient	KG
Wheat flour	0.340
Rye flour	0.660
Country Oven Rye Bread Concentrate	1.000
Water	1.250
Yeast	0.060
	Total Weight: 3.310

METHOD

- 1. Place all of the ingredients into a spiral mixing bowl.
- 2. Mix on slow speed for 2 minutes.
- 3. Mix on fast speed for 6 minutes.
- 4. Leave to rest for 3 minutes.
- 5. Scale the dough at 480g and mould.
- 6. Leave to rest for a further 3 minutes.
- 7. Prove for 50 minutes at 36°C (97°F) and 88% humidity.
- 8. Bake at 230°C (446°F) for 25 minutes with 6 seconds of steam.



CATEGORY

Bakery



FINISHED PRODUCT

Rye Bread