





Ambient



CATEGORY

Bakery



Rye Bread

60% RYE BREAD

INGREDIENTS

Group 1

Ingredient	KG
Wheat flour	0.680
Rye flour	0.320
Country Oven Rye Bread Concentrate	1.000
Water	1.175
Yeast	0.060
	Total Weight: 3.235

METHOD

- 1. Place all of the ingredients into a spiral mixing bowl.
- 2. Mix on slow speed for 2 minutes.
- 3. Mix on fast speed for 6 minutes.
- 4. Leave to rest for 3 minutes.
- 5. Scale the dough at 480g and mould.
- 6. Leave to rest for a further 3 minutes.
- 7. Prove for 50 minutes at 36°C (97°F) and 88% humidity.
- 8. Bake at 230°C (446°F) for 25 minutes with 6 seconds of steam.